Useful information for Foreigners living in Gunma.

Applying for an exemption for dependents, etc.
with regard to non-resident relatives

Sources: NATION TAX AGENCY

When the resident applies for an exemption for dependents, etc. with regard to his/her non-resident relatives at the time of final tax return, the resident is required to attach "Documents concerning relatives", "Documents concerning visa for studying abroad", "Documents concerning remittances" or "380,000 yen remittance documents" to the tax return forms or present such documents when submitting the tax return forms.

Category of age, etc.		Necessary documents
16 years of age or older and under 30 years of age or 70 years of age and above		"Documents concerning relatives" and "Documents concerning remittances"
30 years of age or older and under 70 years of age	(1) Persons no longer have a domicile or residence in Japan due to studying abroad	"Documents concerning relatives", "Documents concerning remittances" and "Documents concerning Visa for studying abroad"
	(2) Disabled person	"Documents concerning relatives" and "Documents concerning remittances"
	(3) Persons who received from you more than 380,000 yen to cover living or educational expenses during the year	"Documents concerning relatives" and "380,000 yen remittance documents"
	(Other than (1) to (3) above)	(Not qualified for exemption for dependents)

For more information, please refer to the "Q&A for Dependent Deductions for Relatives Living Overseas from January 2023" posted on the National Tax Agency website below.
https://www.nta.go.jp/publication/pamph/gensen/gaikokugo/pdf/0022011-082_01.pdf
https://www.nta.go.jp/publication/pamph/pdf/0022009-107_02.pdf

HEALTH CHECK-UP FOR CHILDREN in March 2024
(Place: Annaka Health Center   Time: 13:00-14:00)

Free

Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Nov. 2023	**3/26** (Tue.)	☐ Maternal and Child Health Handbook
8 Months Old Health Checkup	Jun. 2023	**3/19** (Tue.)	☐ Bath Towel ☐ Medical questionnaires ☐ Child Rearing Support Sheet
1 Year Old Child-rearing Consultation	Feb. 2023	**3/25** (Mon.)	☐ Health Check Sheet ☐ Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children)
18 Months Old Health Checkup	Aug. 2022	**3/13** (Wed.)	☐ Toothbrush (for 1 year, 18 months, 2 years, 3 years old children)
2 Years Old Dental Checkup	Jan. 2022	**3/27** (Wed.)	☐ Urine sample (for 3 years old children) ♡♡♡For inquiries:♡♡♡
30 Months Old Dental Checkup	Jul. 2021	**3/21** (Thu.)	**Annaka City Health Center** Tel: 027 382 1111 (Ext. 1174)
3 Years Old Health Checkup	Jan. 2021	**3/7** (Thu.)	**Matsuida Health Center** Tel: 027 382 1111 (Ext. 2151)

Citizen's Division holiday counter
(Mar. 10 to Apr. 15, 2024)

Service

Mar. 17, 2024 (Sun)
8:30 -12:00

Apr. 7, 2024 (Sun)
8:30 -12:00

◆**Service content:**
Issuance of various certificates handled by the Citizen's Division.

◆**Inquiries:**
Annaka City Hall, Citizen's Division Tel: 027-382-1111 (Ext. 1104)

Holiday duty doctor (March 10 to April 15, 2024)

Date	Internal medicine		General surgery	
3/10 (Sun)	▼9:00 am-6:00 pm Amiya Clinic, Tel: 027-385-1511	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	
3/17 (Sun)	▼9:00 am-6:00 pm Ayakomagokoro Clinic, Tel: 027-388-1180	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	Shoda Hospital, Tel: 027-382-1123	
3/20 (Wed) *holiday	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
3/24 (Sun)	▼9:00 am-6:00 pm Honda Hospital, Tel: 027-382-1255	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	▼9:00 am-6:00 pm Honda Hospital, Tel: 027-382-1255	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131
3/31 (Sun)	▼9:00 am-6:00 pm Fujimaki Clinic, Tel: 027-393-1324	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	Shoda Hospital, Tel: 027-382-1123	
4/7 (Sun)	Matsuida Hospital, Tel: 027-393-1301		Matsuida Hospital, Tel: 027-393-1301	
4/14 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	