



Useful information for Foreigners living in Gunma.

Get ready for the "Myna Health Insurance Card"!

Sources:

Japan Health Insurance Association,
National Federation of
Health Insurance Societies

What good things will happen!



advantages 1

You no longer need to pay more than the limit at the hospital counter

advantages 2

You can receive better medical care based on your medical and medication history

advantages 3

You can easily reduce medical expenses on your tax return

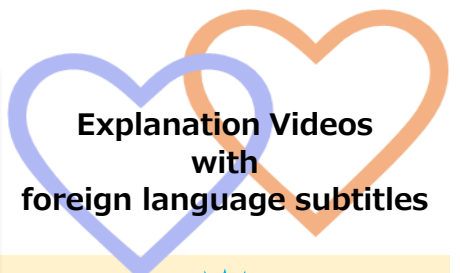
What is the "Myna Health Insurance Card"?

The "Myna Health Insurance Card" is the "Individual Number Card linked with health insurance qualification". Japanese government is currently moving towards a system in which the Individual Number Card will incorporate the functions of the health insurance card. After December 2nd, 2024, the current non-digital health insurance card will no longer be issued, and as the transitional measures, health insurance cards issued can only be used for one year from the date of abolition.

For more information, please check the web site below.

<https://www.kyoukaikenpo.or.jp/event/cat550/sb5010/mytourokukakunin/>

<https://www.city.annaka.lg.jp/page/11837.html>



6
languages

国民健康保険 加入の皆さまへ

令和6年12月2日以降は健康保険証が新たに発行されなくなります。

健康保険証の廃止とマイナ保険証の移行について

健康保険証の廃止	有効期限	健康保険証の廃止後に交付された国民健康保険証の有効期限
令和6年12月2日	令和6年7月31日	有効期限が切れた後

マイナ保険証(注1)をお持ちの方
マイナ保険証(注1)をお持ちでない方

70歳から74歳までの国民健康保険(国民健康保険給付)の自己負担割合について

1次判定	2次判定(収入による再判定)
国民健康保険給付額が145万円未満	収入が343万円未満
国民健康保険給付額が145万円以上	収入が343万円以上

群馬県市町村国民健康保険

令和6年12月2日以降は健康保険証が新たに発行されなくなります

令和6年12月2日以降の受診方法

マイナ保険証をお持ちの方
マイナ保険証をお持ちでない方

マイナ保険証で受診する方
有効期限まで使用できます

群馬県市町村国民健康保険

「健康保険組合連合会」からのお知らせ

マイナ保険証での受診が始まっています

健康保険証は令和6年12月2日に廃止されます(新規交付)

would like to inform you of how the Myna health insurance card,

HEALTH CHECK-UP FOR CHILDREN in November 2024

(Place: Annaka Health Center Time: 13:00-14:00)



Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Jul. 2024	11/29 (Fri.)	☐ Maternal and Child Health Handbook ☐ Bath Towel ☐ Medical questionnaires ☐ Child Rearing Support Sheet ☐ Health Check Sheet ☐ Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children) ☐ Toothbrush (for 1 year, 18 months, 2 years, 3 years old children) ☐ Urine sample (for 3 years old children) ♡♡♡For inquiries: ♡♡♡ Annaka City Health Center Tel: 027 382 1111 (Ext. 1174) Matsuida Health Center Tel: 027 382 1111 (Ext. 2151)
8 Months Old Health Checkup	Feb. 2024	11/22 (Fri.)	
1 Year Old Child-rearing Consultation	Oct. 2023	11/25 (Mon.)	
18 Months Old Health Checkup	Apr. 2023	11/13 (Wed.)	
2 Years Old Dental Checkup	Sep. 2022	11/27 (Wed.)	
30 Months Old Dental Checkup	Mar. 2022	11/21 (Thu.)	
3 Years Old Health Checkup	Sep. 2021	11/7 (Thu.)	



Service

Citizen's Division holiday counter

(Nov. 10 to Dec. 15, 2024)

◆Service content:

Issuance of various certificates handled by the Citizen's Division.

◆Inquiries:

Annaka City Hall, Citizen's Division Tel: 027-382-1111 (Ext. 1104)

Nov. 17, 2024 (Sun)

8:30 -12:00

Dec. 1 & 15, 2024 (Sun)

8:30 -12:00



Holiday duty doctor (November 10 to December 15, 2024)

Date	Internal medicine		General surgery	
11/10 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
11/17 (Sun)	▼9:00 am-6:00 pm Takei Internal Medicine, Tel: 027-393-1005		Shoda Hospital, Tel: 027-382-1123	
11/23 (Sat) *holiday	▼9:00 am-6:00 pm Fujimaki Clinic, Tel: 027-393-1324	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	▼9:00 am-6:00 pm Inoue Clinic, Tel: 027-380-1717	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123
11/24 (Sun)	▼9:00 am-6:00 pm Honda Hospital, Tel: 027-382-1255	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	▼9:00 am-6:00 pm Honda Hospital, Tel: 027-382-1255	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131
12/1 (Sun)	▼9:00 am-6:00 pm Miyaguchi Clinic, Tel: 027-384-1126	▼From 6:00 pm Matsuida Hospital, Tel: 027-393-1301	Matsuida Hospital, Tel: 027-393-1301	
12/8 (Sun)	Suto Hospital, Tel: 027-382-3131		Suto Hospital, Tel: 027-382-3131	
12/15 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	