

MONTHLY BULLETIN

Issued by: Citizen Division, Citizen Life Section

TEL: 027-382-1111 (Ext. 1139)



Useful information for Foreigners living in Gunma.

"Houterasu" is always beside you!



When you face legal issues or disputes,
"Houterasu" is the place to guide and support you.

0570-078377

Sources: Japan Legal Support Center (JLSC)

The "Houterasu" (officially known as the Japan Legal Support Center) is a comprehensive information center established by the government (under the jurisdiction of the Ministry of Justice) to resolve legal disputes. Depending on the content of your consultation, the Legal Support Hotline "0570-078377" (charges apply) or Legal Support offices across the country will introduce you to legal systems that can help you find a solution or direct you to appropriate consultation offices such as bar associations, judicial scrivener associations, local governments or consumer groups. In addition, for those who are in financial difficulty, the "Houterasu" also offers free legal consultations and advance payment for lawyers' and judicial scrivener's fees. If you are having any trouble, please feel free to contact "Houterasu" multilingual information service center at 0570-078377. Ten languages are available: English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Tagalog, Nepali, Thai and Indonesian. For more information, please see the flyer or website below.
<https://www.houterasu.or.jp/site/english/abouthouterasu.htm>

10 languages



HEALTH CHECK-UP FOR CHILDREN in May 2025

(Place: Annaka Health Center Time: 13:00-14:00)



Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Jan. 2025	5/30 (Fri.)	<input type="checkbox"/> Maternal and Child Health Handbook <input type="checkbox"/> Bath Towel <input type="checkbox"/> Medical questionnaires <input type="checkbox"/> Child Rearing Support Sheet <input type="checkbox"/> Health Check Sheet <input type="checkbox"/> Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children) <input type="checkbox"/> Toothbrush (for 1 year, 18 months, 2 years, 3 years old children) <input type="checkbox"/> Urine sample (for 3 years old children) ♡♡♡For inquiries: ♡♡♡ Annaka City Health Center Tel: 027 382 1111 (Ext. 1174) Matsuida Health Center Tel: 027 382 1111 (Ext. 2151)
8 Months Old Health Checkup	Aug. 2024	5/23 (Fri.)	
1 Year Old Child-rearing Consultation	Apr. 2024	5/26 (Mon.)	
18 Months Old Health Checkup	Oct. 2023	5/7 (Wed.)	
2 Years Old Dental Checkup	Mar. 2023	5/21 (Wed.)	
30 Months Old Dental Checkup	Sep. 2022	5/15 (Thu.)	
3 Years Old Health Checkup	Mar. 2022	5/8 (Thu.)	



Service

Citizen's Division holiday counter

(May 10 to June 15, 2025)

◆Service content:

Issuance of various certificates handled by the Citizen's Division.

◆Inquiries:

Annaka City Hall, Citizen's Division Tel: 027-382-1111 (Ext. 1104)

May 18, 2025 (Sun)

8:30 -12:00

June 1, 2025 (Sun)

8:30 -12:00



Holiday duty doctor (May 10, 2025 to June 15, 2025)

Date	Internal medicine		General surgery	
5/11 (Sun)	▼9:00 am-6:00 pm Honda Hospital, Tel: 027-382-1255	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	▼9:00 am-6:00 pm Honda Hospital, Tel: 027-382-1255	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131
5/18 (Sun)	▼9:00 am-6:00 pm Arisaka Clinic, Tel: 027-381-0485	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	Shoda Hospital, Tel: 027-382-1123	
5/25 (Sun)	▼9:00 am-6:00 pm Iwai Central Clinic, Tel: 027-381-2201	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	
6/1 (Sun)	▼9:00 am-6:00 pm Isobe Clinic, Tel: 027-385-0303	▼From 6:00 pm Matsuida Hospital, Tel: 027-393-1301	Matsuida Hospital, Tel: 027-393-1301	
6/8 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
6/15 (Sun)	▼9:00 am-6:00 pm Amiya Clinic, Tel: 027-385-1511	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	Shoda Hospital, Tel: 027-382-1123	