



Useful information for Foreigners living in Gunma.

Sign up now!

"SOS in ANNAKA"

Legal consultation for foreigners on August 24, 2025

Free of charge

Confidential

行政書士：

**A Certified
Administrative
Procedures
Specialist**



弁護士 : Lawyer

The Japan government has set up various consultation desks and Hotlines such as “One-Stop Consultation Center for Foreign Residents of Gunma”, “Foreign Residents Support Center (FRESC)” and “YORISOI hotline” to make it easier for foreigners to live in Gunma/Japan. As well as **Annaka City will hold a special legal consultation for foreigners etc. on Sunday, August 24, 2025.**

If you would like to consult with an expert about your worries or concerns, such as residence status, labor issues, medical care, welfare, childbirth, child rearing and child education. The interpreters are available in eight foreign languages. You are welcome to contact the “Information desk for foreigners” (Annaka City Hall, No.8 counter) to make an advance reservation now. For more details, please check the website below. <https://www.city.annaka.lg.jp/page/20688.html>

Interpreting Service

社会保険労務士：
“Sharoushi” Labor and
Social Security Attorney



HEALTH CHECK-UP FOR CHILDREN in July 2025

(Place: Annaka Health Center Time: 13:00-14:00)



Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Mar. 2025	7/25 (Fri.)	<input type="checkbox"/> Maternal and Child Health Handbook <input type="checkbox"/> Bath Towel <input type="checkbox"/> Medical questionnaires <input type="checkbox"/> Child Rearing Support Sheet <input type="checkbox"/> Health Check Sheet <input type="checkbox"/> Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children) <input type="checkbox"/> Toothbrush (for 1 year, 18 months, 2 years, 3 years old children) <input type="checkbox"/> Urine sample (for 3 years old children) ♡♡♡For inquiries: ♡♡♡ Annaka City Health Center Tel: 027-382-1111 (Ext. 1174) Matsuida Health Center Tel: 027-382-1111 (Ext. 2151)
8 Months Old Health Checkup	Oct. 2024	7/18 (Fri.)	
1 Year Old Child-rearing Consultation	Jun. 2024	7/28 (Mon.)	
18 Months Old Health Checkup	Dec. 2023	7/9 (Wed.)	
2 Years Old Dental Checkup	May 2023	7/23 (Wed.)	
30 Months Old Dental Checkup	Nov. 2022	7/17 (Thu.)	
3 Years Old Health Checkup	May 2022	7/3 (Thu.)	



Service

Citizen's Division holiday counter

(July 10 to August 15, 2025)

◆Service content:

Issuance of various certificates handled by the Citizen's Division.

◆Inquiries:

Annaka City Hall, Citizen's Division Tel: 027-382-1111 (Ext. 1104)

July 20, 2025 (Sun)

8:30 -12:00

August 3, 2025 (Sun)

8:30 -12:00



Holiday duty doctor (July 10, 2025 to August 15, 2025)

Date	Internal medicine		General surgery
7/13 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221
7/20 (Sun)	▼9:00 am-6:00 pm Miyaguchi Clinic, Tel: 027-384-1126	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131
7/21 (Mon) *holiday	Shoda Hospital, Tel: 027-382-1123		Shoda Hospital, Tel: 027-382-1123
7/27 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221
8/3 (Sun)	Matsuida Hospital, Tel: 027-393-1301		Matsuida Hospital, Tel: 027-393-1301
8/10 (Sun)	▼9:00 am-6:00 pm Moteiki Clinic, Tel: 027-382-2510	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131
8/11 (Mon) *holiday	▼9:00 am-6:00 pm Sakurai Clinic, Tel: 027-385-8551	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	Shoda Hospital, Tel: 027-382-1123

