

MONTHLY BULLETIN

Issued by: Citizen Division, Citizen Life Section

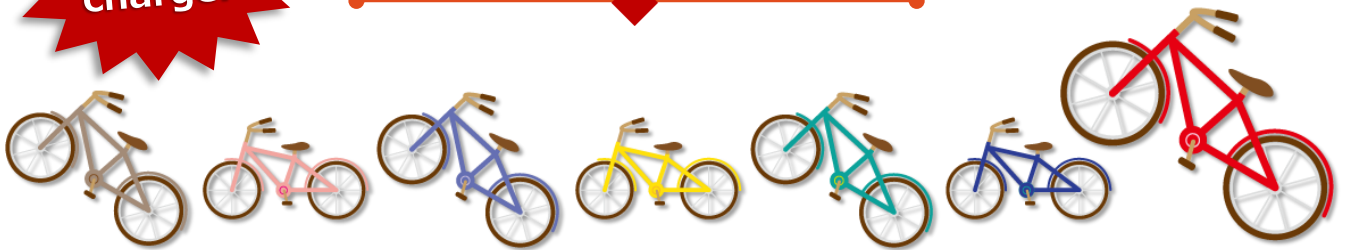
TEL: 027-382-1111 (Ext. 1139)



Useful information for Foreigners living in Gunma.

A "Bicycle Traffic Rules Class for Foreign Residents" will be held on September 7, 2025

Free of charge!



As part of its efforts to promote multicultural coexistence, Annaka City will be holding a bicycle traffic rules class for foreign residents to ensure that all residents can live safely and with peace of mind.

From April 1, 2026, a revision to traffic rules will introduce a fine system (blue ticket) for bicycle traffic violations. This means that if you commit certain violations, you will be subject to punishment, but you can be exempt from criminal penalties by paying a fine. The law applies to people aged 16 and over, and covers 113 types of violations, with fines ranging from 3,000 to 12,000 yen.

For more details, please check the flyer or the website below.

<https://www.city.annaka.lg.jp/page/22033.html>

2026年法改正: 2026 Law Amendment

青切符 : Blue ticket

反則金 : Fines



HEALTH CHECK-UP FOR CHILDREN in August 2025

(Place: Annaka Health Center Time: 13:00-14:00)



Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Apr. 2025	8/29 (Fri.)	☐ Maternal and Child Health Handbook ☐ Bath Towel ☐ Medical questionnaires ☐ Child Rearing Support Sheet ☐ Health Check Sheet ☐ Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children) ☐ Toothbrush (for 1 year, 18 months, 2 years, 3 years old children) ☐ Urine sample (for 3 years old children) ♡♡♡For inquiries: ♡♡♡ Annaka City Health Center Tel: 027-382-1111 (Ext. 1174) Matsuida Health Center Tel: 027-382-1111 (Ext. 2151)
8 Months Old Health Checkup	Nov. 2024	8/22 (Fri.)	
1 Year Old Child-rearing Consultation	Jul. 2024	8/25 (Mon.)	
18 Months Old Health Checkup	Jan. 2024	8/6 (Wed.)	
2 Years Old Dental Checkup	Jun. 2023	8/27 (Wed.)	
30 Months Old Dental Checkup	Dec. 2022	8/21 (Thu.)	
3 Years Old Health Checkup	Jun. 2022	8/7 (Thu.)	



Service

Citizen's Division holiday counter

(August 10 to September 15, 2025)

◆Service content:

Issuance of various certificates handled by the Citizen's Division.

◆Inquiries:

Annaka City Hall, Citizen's Division Tel: 027-382-1111 (Ext. 1104)

August 17, 2025 (Sun)

8:30 -12:00

September 7, 2025 (Sun)

8:30 -12:00



Holiday duty doctor (August 10, 2025 to September 15, 2025)

Date	Internal medicine		General surgery	
8/10 (Sun)	▼9:00 am-6:00 pm Moteiki Clinic, Tel: 027-382-2510	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	
8/11 (Mon) *holiday	▼9:00 am-6:00 pm Sakurai Clinic, Tel: 027-385-8551	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	Shoda Hospital, Tel: 027-382-1123	
8/17 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
8/24 (Sun)	▼9:00 am-6:00 pm Ayakomagokoro Clinic, Tel: 027-388-1180	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	▼9:00 am-6:00 pm Inoue Clinic, Tel: 027-380-1717	
8/31 (Sun)	▼9:00 am-6:00 pm Amiya Clinic, Tel: 027-385-1511	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	
9/7 (Sun)	Matsuida Hospital, Tel: 027-393-1301		Matsuida Hospital, Tel: 027-393-1301	
9/14 (Sun)	Shoda Hospital, Tel: 027-382-1123		Shoda Hospital, Tel: 027-382-1123	
9/15 (Mon) *holiday	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	