

MONTHLY BULLETIN

Issued by: Citizen Division, Citizen Life Section

TEL: 027-382-1111 (Ext. 1139)



Useful information for Foreigners living in Gunma.

The "Blue ticket" penalty system for bicycle riders

From April 1, 2026



Japan is introducing a "blue ticket" penalty system for bicycle riders age 16 and older, effective April 1, 2026, to address rising bicycle-related accidents. This system will impose on-the-spot fines ranging from ¥3,000 to ¥12,000 for 113 minor traffic offenses, such as using a mobile-phone while riding (¥12,000), ignoring traffic signals (¥6,000), or riding two abreast (¥3,000). The goal is to improve road safety by providing consistent enforcement for infractions.

Police will issue "blue tickets" for violations, requiring payment to avoid indictment or court action.

Examples of penalties are as follows

What to do if you receive a "Blue Ticket"?

You must pay the fine within eight days, typically at a post office or bank.

Using a mobile-phone while riding (cycling).¥12,000

Ignoring traffic signals.¥6,000

Obstructing pedestrians crossing the street.¥6,000

Riding on the right side of the road.¥6,000

Riding on the sidewalk in violation of rules.¥6,000

Not stopping where required.¥5,000

Using an umbrella or earphones.¥5,000

Not using lights at night.¥5,000

Riding two abreast on the road (Riding side by side).¥3,000

Carrying a passenger on the back of the bicycle.¥3,000

**From
April 1,
2026**

HEALTH CHECK-UP FOR CHILDREN in October 2025

(Place: Annaka Health Center Time: 13:00-14:00)



Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Jun. 2025	10/31 (Fri.)	<input type="checkbox"/> Maternal and Child Health Handbook <input type="checkbox"/> Bath Towel <input type="checkbox"/> Medical questionnaires <input type="checkbox"/> Child Rearing Support Sheet <input type="checkbox"/> Health Check Sheet <input type="checkbox"/> Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children) <input type="checkbox"/> Toothbrush (for 1 year, 18 months, 2 years, 3 years old children) <input type="checkbox"/> Urine sample (for 3 years old children) ♡♡♡For inquiries: ♡♡♡ Annaka City Health Center Tel: 027-382-1111 (Ext. 1174) Matsuida Health Center Tel: 027-382-1111 (Ext. 2151)
8 Months Old Health Checkup	Jan. 2025	10/24 (Fri.)	
1 Year Old Child-rearing Consultation	Sep. 2024	10/27 (Mon.)	
18 Months Old Health Checkup	Mar. 2024	10/8 (Wed.)	
2 Years Old Dental Checkup	Aug. 2023	10/22 (Wed.)	
30 Months Old Dental Checkup	Feb. 2023	10/16 (Thu.)	
3 Years Old Health Checkup	Aug. 2022	10/2 (Thu.)	



Service

Citizen's Division holiday counter

(October 10 to November 15, 2025)

◆Service content:

Issuance of various certificates handled by the Citizen's Division.

◆Inquiries:

Annaka City Hall, Citizen's Division Tel: 027-382-1111 (Ext. 1104)

October 19, 2025 (Sun)

8:30 -12:00

November 2, 2025 (Sun)

8:30 -12:00



Holiday duty doctor (October 10 to November 15, 2025)

Date	Internal medicine		General surgery	
10/12 (Sun)	Suto Hospital, Tel: 027-382-3131		Suto Hospital, Tel: 027-382-3131	
10/13 (Mon) *holiday	▼9:00 am-6:00 pm Amiya Clinic, Tel: 027-385-1511	▼From 6:00 pm Shoda Hospital, Tel: 027-382-1123	Shoda Hospital, Tel: 027-382-1123	
10/19 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
10/26 (Sun)	▼9:00 am-6:00 pm Arisaka Clinic, Tel: 027-381-0485	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	▼9:00 am-6:00 pm Inoue Clinic, Tel: 027-380-1717	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131
11/2 (Sun)	Matsuida Hospital, Tel: 027-393-1301		Matsuida Hospital, Tel: 027-393-1301	
11/3 (Mon) *holiday	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
11/9 (Sun)	Suto Hospital, Tel: 027-382-3131		Suto Hospital, Tel: 027-382-3131	