

HEALTH CHECK-UP FOR CHILDREN in July 2026

(Place: Annaka Health Center Time: 13:00-14:00)



Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Mar. 2026	7/31 (Fri.)	<input type="checkbox"/> Maternal and Child Health Handbook <input type="checkbox"/> Bath Towel <input type="checkbox"/> Medical questionnaires <input type="checkbox"/> Child Rearing Support Sheet <input type="checkbox"/> Health Check Sheet <input type="checkbox"/> Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children) <input type="checkbox"/> Toothbrush (for 1 year, 18 months, 2 years, 3 years old children) <input type="checkbox"/> Urine sample (for 3 years old children) ♡♡♡For inquiries: ♡♡♡ Annaka City Health Center Tel: 027 382 1111 (Ext. 1174) Matsuida Health Center Tel: 027 382 1111 (Ext. 2151)
8 Months Old Health Checkup	Oct. 2025	7/24 (Fri.)	
1 Year Old Child-rearing Consultation	Jun. 2025	7/27 (Mon.)	
18 Months Old Health Checkup	Nov. & Dec. 2024	7/8 (Wed.)	
2 Years Old Dental Checkup	May 2024	7/22 (Wed.)	
30 Months Old Dental Checkup	Nov. 2023	7/16 (Thu.)	
3 Years Old Health Checkup	May 2023	7/2 (Thu.)	



More convenient services at new city hall building!

The new government building includes an open space that can be used on Saturdays, Sundays and public holidays. This open space has been equipped with a machine that allows users to obtain various certificates using "My Number Card (Individual Number Card)". The machine has the same functionality as the multi-function copiers used at convenience stores and will allow users to obtain certificates such as resident registration certificates and seal registration certificates.

*This service is unavailable during the New Year's holiday period (December 29th to January 3rd).



Holiday duty doctor (July 10 to August 15, 2026)

Date	Internal medicine		General surgery	
7/12 (Sun)	▼9:00 am-6:00 pm Miyaguchi Clinic, Tel: 027-384-1126	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	▼9:00 am-6:00 pm Inoue Clinic, Tel: 027-380-1717	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131
7/19 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
7/20 (Mon) *holiday	▼9:00 am-6:00 pm Arisaka Clinic, Tel: 027-381-0485	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	
7/26 (Sun)	Shoda Hospital, Tel: 027-382-1123		Shoda Hospital, Tel: 027-382-1123	
8/2 (Sun)	Matsuida Hospital, Tel: 027-393-1301		Matsuida Hospital, Tel: 027-393-1301	
8/9 (Sun)	Usui Public Hospital, Tel: 027-385-8221		Usui Public Hospital, Tel: 027-385-8221	
8/11 (Tue) *holiday	▼9:00 am-6:00 pm Amiya Clinic, Tel: 027-385-1511	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	

