

Useful information for Foreigners living in Gunma.



Beware of Bears!



Sources: Annaka City website

In response to the recent frequent incidents of human injury caused by Asiatic black bears, Annaka City is taking proactive measures to prevent harm. These include collaborating with relevant organizations to establish a system for rapid response when bears appear and raising public awareness regarding appropriate actions to take during bear sightings or encounters.

For further details, please refer to the flyer on the Facebook page below or the Annaka City website.

<https://www.facebook.com/annaka.multilingualinformation>

<https://www.city.annaka.lg.jp/page/10872.html>

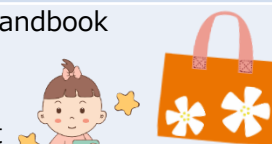


HEALTH CHECK-UP FOR CHILDREN in August 2026

(Place: Annaka Health Center Time: 13:00-14:00)



Category	Birthday (Month/Year)	Date & Time (Month/Day)	Things to Bring
4 Months Old Health Checkup	Apr. 2026	8/28 (Fri.)	☐ Maternal and Child Health Handbook ☐ Bath Towel ☐ Medical questionnaires ☐ Child Rearing Support Sheet ☐ Health Check Sheet ☐ Healthy Parents and Children 21 (for 4 months, 18 months, 3 years old children) ☐ Toothbrush (for 1 year, 18 months, 2 years, 3 years old children) ☐ Urine sample (for 3 years old children) ♡♡♡For inquiries: ♡♡♡ Annaka City Health Center Tel: 027 382 1111 (Ext. 1174) Matsuida Health Center Tel: 027 382 1111 (Ext. 2151)
8 Months Old Health Checkup	Nov. 2025	8/21 (Fri.)	
1 Year Old Child-rearing Consultation	Jul. 2025	8/24 (Mon.)	
18 Months Old Health Checkup	-	-	
2 Years Old Dental Checkup	Jun. 2024	8/26 (Wed.)	
30 Months Old Dental Checkup	Dec. 2023	8/20 (Thu.)	
3 Years Old Health Checkup	Jun. 2023	8/6 (Thu.)	



More convenient services at new city hall building!

The new government building includes an open space that can be used on Saturdays, Sundays and public holidays. This open space has been equipped with a machine that allows users to obtain various certificates using "My Number Card (Individual Number Card)". The machine has the same functionality as the multi-function copiers used at convenience stores and will allow users to obtain certificates such as resident registration certificates and seal registration certificates.

*This service is unavailable during the New Year's holiday period (December 29th to January 3rd).



Holiday duty doctor (August 10 to September 15, 2026)

Date	Internal medicine		General surgery	
8/11 (Tue) *holiday	▼9:00 am-6:00 pm Amiya Clinic, Tel: 027-385-1511	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	
8/16 (Sun)	Shoda Hospital, Tel: 027-382-1123		Shoda Hospital, Tel: 027-382-1123	
8/23 (Sun)	▼9:00 am-6:00 pm Moteiki Clinic, Tel: 027-382-2510	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	▼9:00 am-6:00 pm Inoue Clinic, Tel: 027-380-1717	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131
8/30 (Sun)	Suto Hospital, Tel: 027-382-3131		Suto Hospital, Tel: 027-382-3131	
9/6 (Sun)	Matsuida Hospital, Tel: 027-393-1301		Matsuida Hospital, Tel: 027-393-1301	
9/13 (Sun)	▼9:00 am-6:00 pm Arisaka Clinic, Tel: 027-381-0485	▼From 6:00 pm Suto Hospital, Tel: 027-382-3131	Suto Hospital, Tel: 027-382-3131	