



Welcome to the Monthly Bulletin for *Annaka* residents for information of events around town. Please come visit us at the City Hall if you have any questions!

Health Check

If you are a resident of *Annaka City*, you should have received an orange envelope in the mail. The exams available depend on your gender, age, and health conditions but you can consult your family doctor if you wish to receive other examinations. The envelope includes dates of group examinations and a list of hospitals/clinics that offer examinations by appointment.



Type of checkup	Eligibility	Fees
Chest X-ray (Tuberculosis) (Individual checkups only)	Everyone ages 40 or older	¥1020 (Free if ages 65 or older)
Upper Endoscopy (Individual checkups only) *Cannot be combined with group gastric cancer screening	Age 50 or older and has not received checkup when exams were last conducted (Exams are conducted once every 2 years) * Registration with the Health Promotion Division is required	¥3000
Stomach Cancer Risk Test	People ages 40, 45, 50, 55, 60, 65, 70 who have never received this test	¥510 (Free if ages 70 or older)
Colorectal Cancer Test	Everyone ages 40 or older	¥510 (Free if ages 70 or older)
Prostate Cancer Test	Men ages 50 or older	¥510 (Free if ages 70 or older)
Mammogram	Women ages 40 or older and has not received checkup when exams were last conducted. (Exams are conducted once every 2 years)	¥1530 (Free if ages 70 or older)
Cervical Cancer Test	Women ages 20 or older	¥510 (Free if ages 70 or older)
Osteoporosis (Individual checkups only)	Women ages 40, 45, 50, 55, 60, 65, 70	¥510 (Free if ages 70 or older)
Hepatitis	Everyone ages 40 or older who has never received a hepatitis checkup	Free
Periodontal Disease (Individual checkups only)	Everyone ages 40, 50, 60, 70	Free

Did you know that Annaka offers free health checkups for children every month?

HEALTH CHECK-UP FOR CHILDREN

にゅうようじけんしん
(乳幼児健診) JUNE 2022

	Date (Month/Day)	Birthday (Month/Year)	Time	Place	Things to Bring
4 Months Old Health Checkup	6/28 (Tues)	(2/2022)	13:00-14:00	Annaka Health Center	<ul style="list-style-type: none"> - Maternal Handbook - Bath Towel - Medical questionnaires - Child Rearing Support Sheet - Health Check Sheet - <i>Healthy Parents and Children 21</i> (for 4 months, 18 months, 3 years old children) - Urine sample (for 3 years old children)
8 Months Old Health Checkup	6/21 (Tues)	(9/2021)			
1 Year Old Child-rearing Consultation	6/27 (Mon)	(5/2021)			
18 Months Old Health Checkup	6/8 (Weds)	(11/2020)			
2 Years Old Dental Checkup	6/22 (Weds)	(4/2020)			
28 Months Old Dental Checkup	6/16 (Thurs)	(10/2019)			
3 Years Old Health Checkup	6/2 (Thurs)	(4/2019)			

- Dates and details may change due to COVID-19
- Fluoride treatment may be cancelled for 1 Year old child-rearing consultations due to COVID-19
- If anyone in the family has had a fever of over 37.5°C, cough, runny nose, symptoms of chickenpox in the last 2 weeks, please change your appointment date
- If you wish to receive a checkup asides from the listed dates and/or venues, please contact us at

Annaka City Health Center
☎ 027-382-1111 (local 1174)

Matsuida Health Center
☎ 027-382-1111 (local 2151)

