



Welcome to the Monthly Bulletin for Annaka residents for information of events around town. Please come visit us at the City Hall if you have any questions!

COVID-19 Vaccines しんがた 新型コロナワクチン せっしゅ 接種

The booster shot is now available for those who want to get it. If you are eligible, the City Hall will send vaccination coupons through the mail. The 3rd shot is free; so is the 1st and 2nd dose. The type of vaccine differs depending on which clinic or center you go to. Registration to receive the vaccine ends on September 30, 2022. If you haven't received your 1st and 2nd dose, you can still register to receive them before registration closes.



Garbage Separation だ かた ゴミの出し方

Garbage separation will be slightly changed starting from April 1st, 2022. Hazardous waste has been added as a new category. Lightbulbs, fluorescent tubes and batteries will be categorized as hazardous waste along with highly flammable products such as aerosol cans, cassette gas canisters, heated tobacco products and lighters. These items will be collected every 2 months due to increased number of fire accidents within garbage trucks and at the Clean Center.



Toge no Yu とうげ ゆ 峠の湯

Due to renovations, Toge no Yu will be temporarily closed from March 22nd (Tuesday) until April 2nd (Saturday).



Did you know that Annaka offers free health checkups for children every month?

HEALTH CHECK-UP FOR CHILDREN

にゅうようじけんしん
(乳幼児健診) APRIL 2022

	Date (Month/Day)	Birthday (Month/Year)	Time	Place	Things to Bring
4 Months Old Health Checkup	4/26 (Tues)	(12/2021)	13:00-14:00	Annaka Health Center	- Maternal Handbook
8 Months Old Health Checkup	4/19 (Tues)	(7/2021)			- Bath Towel
1 Year Old Child-rearing Consultation	4/25 (Mon)	(3/2021)			- Medical questionnaires
18 Months Old Health Checkup	4/13 (Weds)	(9/2020)			- Child Rearing Support Sheet
2 Years Old Dental Checkup	4/27 (Weds)	(2/2020)			- Health Check Sheet
28 Months Old Dental Checkup	4/21 (Thurs)	(8/2019)			- <i>Healthy Parents and Children 21</i> (for 4 months, 18 months, 3 years old children)
3 Years Old Health Checkup	4/7 (Thurs)	(2/2019)			- Urine sample (for 3 years old children)

- Dates and details may change due to COVID-19
- Fluoride treatment may be cancelled for 1 Year old child-rearing consultations to prevent the spread of COVID-19
- If anyone in the family has had a fever of over 37.5°C, cough, runny nose, symptoms of chickenpox in the last 2 weeks, please change your appointment date
- If you wish to receive a checkup asides from the listed dates and/or venues, please contact us at

Annaka City Health Center
☎ 027-382-1111 (local 1174)

Matsuida Health Center
☎ 027-382-1111 (local 2151)

