



Welcome to the Monthly Bulletin for Annaka residents for information of events around town. Please come visit us at the City Hall if you have any questions!

Legal Age of Adulthood Lowered to 18

On April 1, 2022, the age of adulthood in Japan was lowered from 20 to 18. People aged 18 and 19 are now legally adults and given more freedom in making life choices without parental consent. However, it also means that they need to take more responsibility for such decisions. Although the age of adulthood is now 18, drinking, smoking and gambling is still prohibited for anyone under 20.



Can do at 18	Cannot do at 18
Enter cell-phone or credit-card contract without parental consent	Drink alcohol
Lease apartment or other property without parental consent	Smoking
Get a passport that is valid for 10 years	Public gambling (horse racing, bicycle racing, boat racing, motorcycle racing)
Obtain national licenses	Obtain a license for large or medium size vehicles, such as trucks
Submit petition to the family court to request gender reassignment	Enroll in the National Pension Plan
Get married without parental consent (for both men and women)	
Vote	

Did you know that Annaka offers free health checkups for children every month?

HEALTH CHECK-UP FOR CHILDREN

にゅうようじけんしん (乳幼児健診) MAY 2022

	Date (Month/Day)	Birthday (Month/Year)	Time	Place	Things to Bring
4 Months Old Health Checkup	5/31 (Tues)	(1/2022)	13:00-14:00	Annaka Health Center	<ul style="list-style-type: none"> - Maternal Handbook - Bath Towel - Medical questionnaires - Child Rearing Support Sheet - Health Check Sheet - <i>Healthy Parents and Children 21</i> (for 4 months, 18 months, 3 years old children) - Urine sample (for 3 years old children)
8 Months Old Health Checkup	5/24 (Tues)	(8/2021)			
1 Year Old Child-rearing Consultation	5/30 (Mon)	(4/2021)			
18 Months Old Health Checkup	5/11 (Weds)	(10/2020)			
2 Years Old Dental Checkup	5/25 (Weds)	(3/2020)			
28 Months Old Dental Checkup	5/19 (Thurs)	(9/2019)			
3 Years Old Health Checkup	5/12 (Thurs)	(3/2019)			

- Dates and details may change due to COVID-19
- Fluoride treatment may be cancelled for 1 Year old child-rearing consultations to prevent the spread of COVID-19
- If anyone in the family has had a fever of over 37.5°C, cough, runny nose, symptoms of chickenpox in the last 2 weeks, please change your appointment date
- If you wish to receive a checkup asides from the listed dates and/or venues, please contact us at

Annaka City Health Center
☎ 027-382-1111 (local 1174)

Matsuida Health Center
☎ 027-382-1111 (local 2151)

